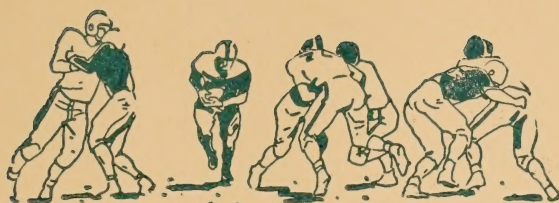


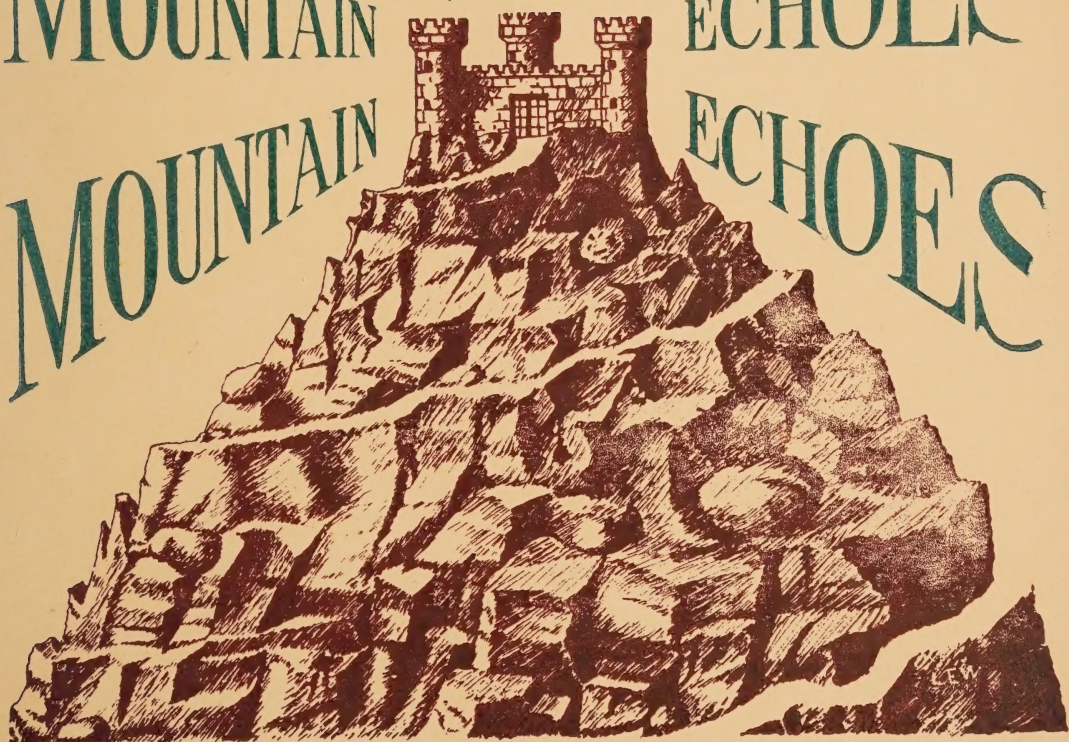
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MOUNTAIN ECHOES

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Volume 7

August-1958

Number 10





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MOUNTAIN ECHOES is published by the inmates of the Manitoba Penitentiary with the kind permission of Major-General R. B. Gibson, Commissioner of Penitentiaries. It is designed to provide inmates with an opportunity for self-expression and a medium for discussion of public problems, and in the interest of promoting useful thought and action within the institution.



No articles of a scurrilous or defamatory nature or in any way detrimental to the administration of justice will be published. The views expressed herein are not necessarily those of the administration or editorial staff.

CENSUS

June 8 to July 8

Population	461
High Number	7730
Received	18
Discharged	9
Tickets-Of-Leave	0
Pardons	0
Escapes	0
Deaths	0
Transfers-Out	0
Transfers-In	2
Deported	0

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Mountain Echoes

August—1958

Volume 7

No. 10

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Photo-engraving

Courtesy of

The Winnipeg Tribune,
Winnipeg, Manitoba

Concerning



This Issue

The past month has seen two of the most noteworthy events of the year here at Stony. On July 1st, the annual Track and Field Meet was held. Mitch Herman, along with a couple of assistants, spent the whole day snapping shots of the activities which came off despite inclement weather. Thanks once again to our friends at the Winnipeg Tribune we are able, through our photo pages, to give you a birds-eye-view of some of the happenings of the day. For a complete run-down on the winners of the various events just turn to Frank Kramaric's coverage on pages 15-16.

The second major event, following closely on July 6, was the Eighth Anniversary of Stony Mountain's "New Dawn" Alcoholics Anonymous Group. As four of the five members of the Echoes editorial board are New Dawn members, it is perhaps fortunate that no one thought to suggest that the whole issue be devoted to the anniversary. With the enthusiasm that was generated by the excellent speakers at the anniversary, member number five could have been outvoted. Some of the highlights are to be found on pages 6-7.

Those readers who have followed the Echoes for any length of time will remember Don Lobb, who until last May was the very capable editor of our mag. We know that you will all be interested, but not surprised, to know that Don is doing exceptionally well in the outside world. We are glad that Don has not forgotten us and took time out from a very busy schedule to write for the Echoes, "To Hide Or Be Hidden," which can be found on pages 10-11. We hope that we will be able to carry more of Don's views from time to time in future issues.

Mr. J.D. Weir, our Teacher-Librarian, has written a few words directed to the inmates in the institution. This message deserves serious consideration. There is no such thing as too much education. What are you doing about it?

While looking around for material for our Poet's Corner this month, we came across a poem previously published in the Echoes. The author has since left this institution but the words are still around to remind us that we may not always be giving our best. Read "Do You Help?"

Ken Leishman has once again contributed to Poet's Corner and as usual has come up with some very astute poetic observations.

This issue will be the last for the number one man in the Echoes print shop, Richard Moisan. Dick will leave before the next issue goes to print and we will all miss him very much. Besides being a real good guy, he has been the mainstay of our printing department. He joined the Echoes staff about six months ago at the completion of a term on our Inmate Welfare Committee and took over the responsibility and headaches of running the shop three months ago when our former editor-printshop foreman left. Since that time he's done an excellent job. We're sorry to see him go and we're very happy that he is leaving. Good Luck, Dick.

A search through this month's mag for a page entitled "Letters To The Editor" will be in vain. We have been looking for letters to the editor too, but as yet the mailman hasn't brought us any. Oh well, perhaps next month.

EDITORIALY SPEAKING

By Pat. Saito

One of the major obstacles that many inmates run into upon emerging into the free world is not one of physical nature. Too many of us are prone to blame our troubles on various things; the absence of a decent job, the lack of clothes or money, or whatever our fancy might light on. Few of us put the blame where it really belongs, namely: ourselves.

The greatest hazard to rehabilitation and readjustment to society is a wrong mental attitude.

Some of us may leave the penitentiary with the conviction that society owes us a living because of the loss of a few years of freedom. The pitfalls of this line of reasoning can be plainly seen. A person who leaves with such an outlook is merely feeling sorry for himself. He may feel that he is a martyr by carrying a cross of shame and abnegation on his shoulders and he may feel that the world is against him. He might go around saying, "Sure I'm an ex-con! No wonder no one will hire me."

A person does not need to be ashamed of his past mis-deeds, but neither should he go around advestising them. If your employer finds out that you are an "ex-con" nine out of ten times he won't fire you. He will probably judge you on your work and ability and not on a label.

This is just one of the mental hazards that we may run into. Another is the attitude that manual labour is above us. Some men look for nothing but soft, high-paying jobs. They may even feel that society owes them that much. The truth is, society owes us nothing.

Naturally if one desires a position with prestige or greater pay, he must work for it. Being an "ex-convict" does not entitle you to any extra consideration and should not entitle you to any less.

Another mental hazard has developed in the person who thinks that all doors will be locked to him and therefore decides to go all out. He may figure it's "make or break." Any person thinking along these lines is a good candidate for a life sentence or a hemp tie.

These are just a few of the hazards that the ex-inmate may encounter. They are all mental ones. If a person is sincerely trying to go straight, he will usually find that people are only too eager to help him. Of course you will run into the odd case of discrimination. Certain people, being only human, are bound to be prejudiced. But this happens to many people, not only those with prison rerords.

There may be some who take offence at this article, but stop and ponder a bit. Have you really tried, when you were out, to go straight? Have you the earnest desire to better yourself? It is easy in here to make promises and resolutions. The mark of a courageous man with true desire is in endeavoring to lead a good life. This might even mean digging a few ditches and taking a few insults now and then.

Watch your mental attitude. And remember, society isn't an enemy. You can be your own greatest enemy.

DO "CONVICT 13" ARTICLES ADD TO POPULAR FALLACY?

The Winnipeg Free press recently published a four-part article written in the form of an open letter to the citizens of Manitoba. The article was written by "Convict 13," "an actual prisoner who has been serving time in Headingly jail."

I have heard comments by many of the inmates in this institution who have read the article and, to be conservative, there are a few points with which they do not agree. I could find very little in any of the four parts; "Convicts," "Crime," "Cause" and "Cure," that was palatable.

"Convict 13" has spent a period of time in Headingly jail. Presumably he has also been a guest in other similar places — at least this is the impression I receive due to the fact that his overly-broad statements imply that he speaks of all convicts everywhere.

He says, "In describing convicts, my words will fit about 98 percent of the present prison population — the other two percent are the aged and infirm who have no business in a place like this for any reason." Convicts don't come out of the same mold. They differ in their thinking and their actions just as do those who have never been behind prison walls.

The labels "Convict" and "Ex-convict" fail to distinguish between the man who was imprisoned once for a lesser offence and the one who has spent half a lifetime imprisoned on charges of violence. They don't distinguish between the man who is sincerely attempting to regain his place in society and the one who has no intent but to make a fast buck or get even. When "Convict 13" suggests that contained somewhere in his article is a sketch of what 98 percent of all convicts are like, it's about time that he took a second look. It is like suggesting that 98 percent of all negroes carry straight razors and will cut your throat at the first opportunity.

Besides expressing his views on what makes criminals, "Convict 13" has also suggested a few cures for crime. He recommends longer sentences and suggests that long periods on parole or probation under the threat of a stiff jolt would prevent many from returning to crime. He also suggests that at the end of a stipulated period of time, say five years, the ex-offender who has kept out of trouble should be given a clean slate. An excellent suggestion, but has he overlooked anything?

"Convict 13" has mentioned that he would like to start again with a clean slate, not so much for himself but because of his family and particularly his children.

Let us suppose that after a five year period a clerk in Ottawa should destroy his record, his picture and fingerprints. I can see that this would be a distinct advantage should he ever appear in court again but how does the destruction of some pieces of paper effect the rest of his life?

Does it destroy the prejudice of people who believe that 98 percent of all convicts are alike? Will it give him a job with the firm that refused to employ him a year before because the boss doesn't trust convicts? Will the people across the street who have ignored him because of his past suddenly rush over and shake his hand or send their kids over to play with his? I doubt it.

If a man's intentions are sincere he will be able to overcome the problems he will meet, even the one of being pre-judged by persons whose ideas of what "he must be" are, unfortunately, maintained by articles of that nature.—Al. J.

250 PLUS ATTEND

NEW DAWN 8TH ANNIVERSARY

"The fact that I have been out of this institution these past five years is entirely due to my own efforts, but it was the A.A. program instituted in this penitentiary eight years ago, of which I was one of the three original members, that started me on the twelve steps in the right direction," declared Minnedosa's Pat R., the initial speaker at the 8th Anniversary meeting of the New Dawn Alcoholics Anonymous Group in Stony Mountain.

Speaking before 63 New Dawn members and 25 out visitors during the opening ceremonies which began at 10.00 a.m. in the Protestant Chapel, Pat placed particular emphasis on the invaluable guidance and incentive offered to alcoholics in the institution by their A.A. program. Singling out the success of Steve B., celebrating his 8th birthday in A.A. in this institution, Pat concluded that the A.A. program could help many men regardless of their past faults, flops and failures, providing that they make a beginning in here and not wait until their release.

These remarks by the first member to graduate from the New Dawn Group initiated a day-long list of activities planned over the past two months by the New Dawn's Steering Committee. Included in the days events were a banquet in the Officer's Mess during the noon hour attended by 55 inside-outside A.A.'s and an open meeting in the Protestant Chapel during the afternoon. The afternoon session reached an all time high for inmate attendance with an unprecedented 225 inmates and 43 outside visitors present to hear visiting speakers from St. Paul, Minn., Minnedosa and Winnipeg relate their experiences and interpretations of the alcoholic's problems and the A.A. program.

Highlights of the morning program included a brief but sincere interpretation of the Twelve Steps and Traditions of A.A. by twelve members of the New Dawn Group. Danny P., Frank K., Barry M., Al J., Oliver M., Ed S., Bill I., Pat E., Don B., James K., George M., Wally M., each gave their personal interpretations of a Step and a Tradition.

Introduced by Chairman Mitch H., Reverend George McNeill, Protestant Chaplain and Honorary Sponsor and origigator of the New Dawn Group, ended the morning talks with an interesting summary of the highlights of his eight years of work with the group. "Eight years ago," he recalled, "Pat, returning from a visit to the outside world, said what we need in here is an A.A. group. I got busy and contacted an outside A.A. group which, it turned out to be, were just waiting to sponsor us here at Stony Mountain. At first, because of existing rules and regulations, only twelve members were allowed to attend weekly meetings and of those twelve many dropped out. Today however, thanks to our outside visitors from the U.S. and Canada and the many inside A.A.'s the program as we know it in here is a success. Its rehabilitative value can be measured by the fact that just recently at an outside A.A. meeting I saw eight old New Dawn members all doing well and looking as prosperous as millionaires."

In memory of Art Herrel, the original sponsor referred to by Reverend McNeill, Mitch H., New Dawn chairman, invoked the audience to a minute of silence to end the morning activities.

The birthday luncheon in the Officer's Mess was attended by 25 members and 25 guests with Deputy Warden J.H. Wickey and Classification Officer U. Belanger as administrative guests of honor. After an excellent steak dinner prepared by Chief Steward Aikenhead and staff, Mitch H. welcomed the many outside friends and then introduced Deputy Warden Wickey.

Expressing his amazement and admiration of the A.A. program, Mr. Wickey said, "The work done by A.A. members is done strictly on a voluntary basis because of a deep seated love for the common brotherhood of mankind. It is this spirit of love which accounts for the wonderful work that the A.A. program is accomplishing in our Penitentiary." Congratulating the New Dawn Group on its success and extending a special vote of thanks to Honorary Sponsor Reverend McNeill, the Deputy Warden closed with a vote of thanks to the sponsoring Alano Group of Winnipeg.

Hazeldene visitor James A. from St. Paul, Minn., at this luncheon explained the "Big Brother" plan now operating in the penal institution in Stillwater, Minn. and how men in that institution were assisted upon their release. Jim's exchanges of quips with Tommy B., sponsor of the Rainbow Group at Headingly jail and Winnipeg Group member, were an excellent example of the congenial comradeship found when A.A.'s gather.

The inmates and visitors re-assembled in the chapel for an open meeting to which all inmates in the institution were invited. Mitch H. welcomed the large audience, extending an invitation to any inmate with alcoholic problems to join the New Dawn Group.

Harvey F. of the Alano A.A. Society of Winnipeg and present sponsor of the New Dawn Group took over as chairman of the afternoon ceremonies. In a keynote talk by Chris T. of Minnedosa, the huge crowd were informed of findings by George Strachen, Director of Alcoholism Research for Alberta, which show that there are more than a million alcoholics in North America who have achieved permanent, happy sobriety through the A.A. program. Estimating that every alcoholic directly effects eight people around him including employers, family and fellow workers, Chris indicated that "eight million people have a happier more stable life as a result of A.A."

At the conclusion of the afternoon session 24 inmates, members of A.A., were presented with engraved lighters or cigarette cases, along with small birthday cakes made up in the institution, to commemorate their additional year of sobriety in A.A. Two of the inmates, Steve B. and John M., have been members of the group since its beginning eight years ago.

Each year the A.A. anniversaries in this institution have been more and more successful. This year has proved no exception and a number of inmates who were visitors at the Anniversary meeting have since joined the group and are attending weekly meetings.



ON THE LIGHTER SIDE



When Pete, the con man, announced he was going to go straight and opened a stationery store, everyone was delighted—and no one more than the insurance man he called in to insure the store.

After a short discussion they agreed on a \$50,000 fire insurance policy. Then, beaming with benevolence the agent said, "And we have a big special now—\$35,000 worth of tornado insurance for only \$100 a year premium."

"Not interested," said Pete.

"Not interested? What kind of a business-man are you? Here you buy \$50,000 worth of fire insurance and pay \$2,000 a year premium and yet you won't pay a measly \$100 a year for \$35,000 worth of tornado insurance."

Pete looked at the agent and said, "And who can start a tornado?"

The Dessert

Once a great Indian chief called Shortcake died. The young warriors fought for the privilege of burying him. Finally, after weeks of arguments and fighting his favorite squaw stood up, called a halt to the fighting and stated firmly, "Squaw Bury Shortcake."

A crackpot counterfeiter made a \$15 bill. His pal said, "You're crazy. You can't pass that!" The counterfeiter said, "Oh yes I can!" so he left and went to a little store near a grammar school where they sold newspapers and penny candies.

He walked up to the counter, pointed to various candies and said to the proprietor, "Give me a penny's worth of that, two cents worth of this, etc., etc." His purchases totaled exactly 54 cents and he handed over the phony \$15 bill. The proprietor rang it up and gave him the following change: 46 cents and two \$7 bills.

A certain Persian Shah went on a hunting trip leaving his second in command, the Shan, in charge of the palace. One day the Shan went berserk and raced through the palace slaughtering people with his heavy sword.

The same evening the Shah returned. The first sight that greeted him was that of two servants picking up dismembered torsos and putting them in a basket. When the Shah inquired as to what had happen, the first servant looked up and said, "Where were you when the fit hit the Shan?"

And then there's the one about the fellow who lost his street sweeping job because he daydreamed—Couldn't keep his mind in the gutter.

Poets Corner

By Ken Leishman

I sit here in the prison yard and cast my gaze around.
I feel a growing compassion for the joy I've never found.
I see the watchful towers framed against the blue, blue sky.
How many who live a lifetime will see God's domain as I.
They may keep me from my loveones in a manner centuries old,
But nature in all her beauty is mine to ever behold.
A thin line grows so far above - history gives it a cherished page.
A sight unknown to the folks before - the jet has come of age.
A kitten frolics in blissfull joy for his worldly needs are small.
He has his home and parents and his love when he should call,
It makes my heart grow heavy as young manhood confined I survey.
We are really all God's children, but 'tis said that we went astray.
The yard is alive with action - at the various games they play.
The only form of enjoyment to help endure their stay.
None shall be here forever and when from these walls I depart,
Please Lord let me cherish always the simple views that I've taken to heart.

DO YOU HELP?

BY STEVE BOLONCHUK

Are you a good fellow?
The kind the gang would miss?
Or are you just contented
To lay back, dream and wish?

Do you contribute your share
And mingle with the flock,
Or sit down on your fanny
To critisize and knock?

Do you take an active part
To help the gang along?
Or are you rather satisfied
To leave it all to John?

Do you ever hold up your end?
Or beef and say you're sick,
And leave the work to just a few
Then talk about a clique?

Think this over fella,
There's something you can do;
A chain is as strong as it's weakest link
And that link in our chain may be you.

TO HIDE

OR BE HIDDEN

by Don Lobb (Tribune staff writer)

Met one of the alumni from Calamity College the other afternoon and over a coffee or two (or three) began discussing that "home away from home" in terms of what might be done to present it in its true perspective.

The discussion arose as a result of a television show all glossily wrapped up and presented as an "On the Spot" unrehearsed sort of proposition.

The film was supposed to "take you behind the walls of Kingston Penitentiary." It did. Never having visited that particular member of the "higher learning" establishments of Canada, I was interested in seeing just what the place was like.

I didn't find out.

I can tell you that there is a guy named Louis, obviously a French-Canadian, who has spent a considerable number of years studying human nature behind its drab, grey walls.

And this brings me to my point. Aside from the fact that Louis was French-Canadian, had been convicted, sentenced and held in the institution, was now "ready" for release and participating in the pre-release program instituted last year by the remission service, he is anonymous.

He is hidden behind the walls as much now as he was before the television crews visited the place.

We have heard the cry, "Tear down the Walls" around Stony Mountain before. Mainly the criers want more freedom, less restriction, some contact with the free world, even though it be just a glance—unrestricted by stone walls—of the people they hope some day to live amongst.

But have they earned the right? Are they as guilty of hiding behind the walls as the people they have accused of hiding them behind the walls?

This I feel is a fair question.

Having re-entered the free world two months ago, I feel a great deal of gratitude toward the many hundreds of people whom I have met since that take time to congratulate me on the job I am doing.

I don't feel I have done anything exceptional. I asked for a job, was hired because I had the necessary training and have been supported whole heartedly in my efforts to prove that I belong in the job.

It wasn't just a simple case of saying, "Okay, we'll hire you—give you a chance—but the rest is up to you."

It was a friendly hand extended warmly as from one man who had erred to another who had been more deeply involved in his errors.

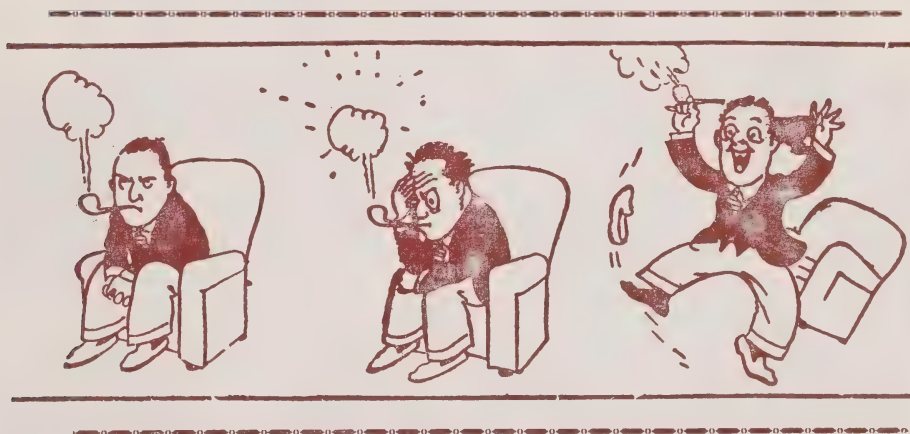
Certainly I was expected to contribute my fair share toward the welfare of the company employing me--but I was not expected to produce anything extra just because they had hired me out of a penitentiary.

I feel this attitude may have resulted from the fact that I didn't crawl into a cell at Stony Mountain and hide from my mistakes. I admit that I was guilty of the offence for which I was sentenced. I shall try as I go along to face the responsibilities that are mine as a result of my actions.

I admit when I am asked that I have been in the penitentiary. It shocks some of the askers. I don't volunteer the information in the hope that I may acquire sympathy. I don't deserve that commodity and can't afford to return it.

I have not hidden my past behind the walls. I think it helps me retain my sense of values not to hide behind them.

After all, the people who were important to me through family ties or friendship knew where I was anyway. I couldn't hide it from them—and who else matters?



There are 2,000,000,000 inhabitants of this troubled, beautiful world.

I am only one—only one—of the 2,000,000,000.

There are 1,999,999,999 others.

I am needy, wistful, fearful, heart-hungry, hungry of body.

The other 1,999,999,999 earth bound, sky aspiring men are equally needy, wistful, fearful, heart-hungry and hungry of body.

I am entitled to 1/2,000,000,000 of the earth's benefits, of mankind's rights, claims and priveledges—no more.

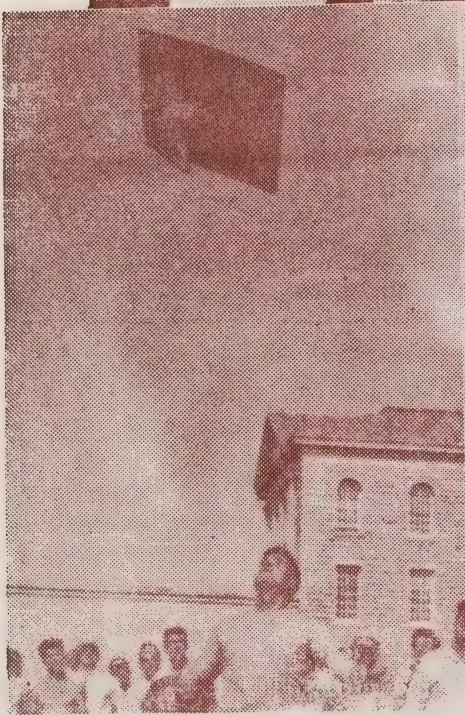
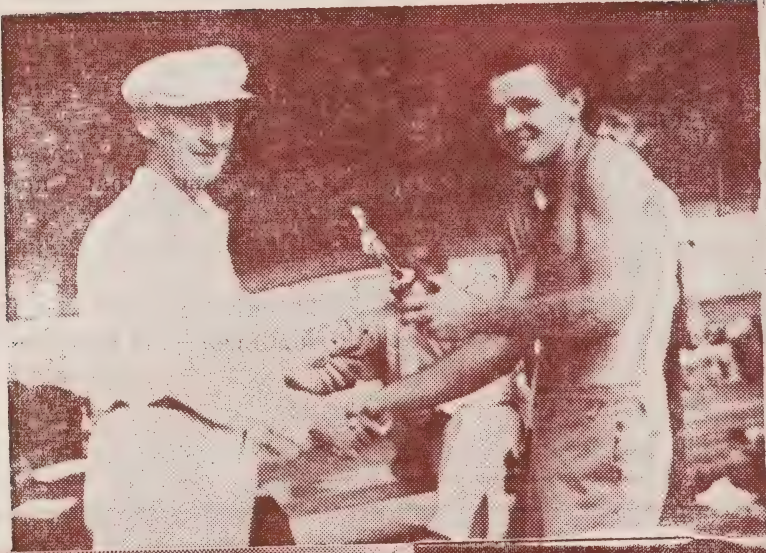
The other 1,999,999,999 men are entitled to all except my 1/2,000,000,000 share. I am inescapably dependent upon them—upon their Good Will—for my very existence and for the fulfillment of my desires.

The 1,999,999,999 are likewise dependent upon me,

My hope is in them; their hope is in me.

If I betray their trust, I have betrayed myself.

PHOTO



The photo at top shows Mike Andrusko, "Athlete Of The Day," receiving the Rene Diotte Trophy from H.J. Hancock, P.T.I.

Lower Left "Monty" shows the form that won second place in the 56 lb. Throw.
Lower Right John Erison accepts the McKinney & Co and Alex Turk trophies

FEATURE



Upper photo shows the 440 Relay, a split-second after the starter signal.
Lower Left: Mike Andrusko clears bar easily in the high jump competition.
Lower Right: Ken Ducharme is having his troubles climbing the "Greasy Pole."



The above photo shows some of the many inmates who took part in the bingo games which ran during the day. Most of them were so intent upon their cards that even the appearance of the photographer failed to disturb them.

Below: Rocky Bealieu is shown in the lead during the sack race, as Vic Lum (right) and Pete Roski tumble near the finish line.

ANDRUSKO, ERISON PACES CARDS TO VICTORY

On July 1st, amid the shouts and cheers of a large inmate crowd, Gordon Bird's Cardinals, taking time off from their everyday chores on the farm, quarry and garage, celebrated Dominion Day in true winning fashion by literally running away with the prizes, points, cups and kudos at Stony Mountain's 8th Annual Track and Field Meet.

Capturing top individual and collective honors in all events, the Cards made a clean sweep of the day's activities, winning the three trophies annually donated to the top performer, the top team and the Captain of the winning team of the July 1st competition.

Chief P.T.I. Officer, W.J. Hancock made the 1958 presentations to the winners, awarding the Rene Diotte Trophy to the athlete of the day, Mike Andrusko, and the McKinney & Co and Alex Turk Trophies to John Erison in lieu of Gordon Bird, coach-captain of the Cardinals whose work on the dairy farm necessitated his absence at the ceremonies.

The victorious Cardinals, paced by their versatile competitors Mike Andrusko and John Erison, who together tallied 113 points, won the coveted cups by chalking up 189 points in the 27 Dominion Day events. They outpointed Vic Lum's Buccaneers and Ray Fortier's Dodgers, who placed second and third respectively in the team standings with 125 and 89 points.

Athlete of-the-day Andrusko, competing in nine events collected three firsts, three seconds and three thirds as he edged team-mate John Erison in the race for the Rene Diotte Trophy. With firsts in the Discus, Shot-put, and High Jump; seconds in the Hammer Throw, Baseball Distance, and the Hop-Step and Jump, and thirds in the Baseball Target and Standing and Running Broad Jump, Anrusko piled up a total of 66 points on the basis of a point system which allotted 10 points to the winner of each event, seven points for a second and five for third.

Runner-up John Erison, excelling in dashes, compiled 47 points in the seven events he entered. Fleet-footed John sprinted to firsts in the Baserunning event and the 75 and 220 yard dashes, covering the latter distance on a wet track in a fast 24 seconds.

Phil Boiley of the Buc's, with three seconds and a third, placed third in this year's competition for the Diotte Trophy, while Norm Nelson of the Dodgers and the Buc's "Rocky" Beaulieu tied for fourth with 25 points each. Rocky and Norm each placed third in one event and won two firsts. Beaulieu won the half mile and the Hop-Step and Jump with Nelson the Victor in the Baseball throw with a distance of 258 feet, 10 inches, and the Standing Broad Jump, with an eight foot, six inch leap.

Nelson's victory in the Standing Broad Jump came as the surprising and climactic finish to one of the most closely contested events in eight years of Track and Field competition at Stony Mountain. Leaping 8'6" in his last of three tries Nelson just nudged out Phil Boiley for first place in this event, while Boiley who, placed second with a mark of 8'5 $\frac{3}{4}$ " barely nipped out Mike Andrusko's best effort of 8'5 $\frac{1}{2}$ ".

Rounding out the outstanding performances displayed by various athletes at this July 1st meet were Mike Andrusko's victory in the High Jump, a clear cut win that saw Mike clear the bar easily at 5'4" after the other contestants had been disqualified. "Farmer" Kehler, with some mighty tosses in both the Hammer and 56 pound events, showed exceptionally well, winning both events with above par performances.

The open and special events really provided the inmate crowd with some good fun, with special attention again being centered on the Alex Turk Race for inmates over 65. Two real old-timers, septuagenarians Adam Waziuk and Andre Gagnon hooking up in a two man duel gave the crowd plenty of high jinks as they kicked up their heels in a 50 yard dash which saw World War 1 Polish Army Veteran, Waziuk, outlast coureurs de bois Gagnon.

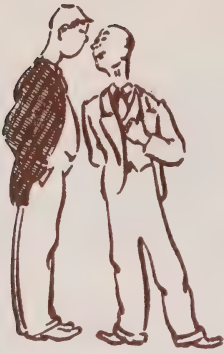
Three youngsters, Robert DesRosiers, Lance Steel and Andre Belanger, sons of Warden DesRosiers, Chief Keeper Steel, and Classification Officer U. Belanger, added their youthful zest and pep to the festivities by taking part in the open events. In the Horse and Riders event, with Giant baseball mascot Steel acting as Jockey atop war horse Kehler, the two succeeded as a team in taking on the likes of some of the largest men in the Mountain to win first place. In the Potato and Spoon race, Bobby DesRosiers almost clinched first spot but a last minute spurt by Vic Lum beat out young DesRosiers for the prize.

Following is the official list of events and winners in order of appearance:

EVENTS	1st	2nd	3rd
Base-running	Erison	Mitchell	Lancing
56 lb. Throw	Kehler	Montgomery	Bevins
Half Mile	Beaulieu	Boiley	McKenney
Target Throw	Paquin	Campeau	Andrusko
Shot Put	Andrusko	Montgomery	Beaulieu
75 Yd.Dash	Erison	Berryman	Nelson
Distance Throw	Nelson	Andrusko	Lancing
220 Yd Dash	Erison	Berryman	Boiley
440 Relay	Cardinals	Dodgers	Buc's
Discus Throw	Andrusko	St.Germaine	Cochrane
Hammer Throw	Kehler	Cochrane	Andrusko
High Jump	Andrusko	Boiley	Goldsmith
Standing Jump	Nelson	Andrusko	Boiley
Broad Jump	Proulx	Erison	Andrusko
Hop-Step&Jump	Beaulieu	Andrusko	Erison
Tug-O-War	Cardinals	Dodgers	Buc's



Upper pic shows "Pie-Eaters," face-deep in chocolate meringue pie while the lower shots show Armand Proux's winning broad-jump and the spectators laughing at pie-smearred contestants.



TATTLER'S TALES

Learn who writes "Yerks was here" by observing the following rules: At mid-day lunch, pick up your tea first, tray next and then "Yerks is there!"

W.B (who-do-they-think-I-am) Stubbs, mellowed by long months of waiting to play on the ALL-STARs, turned ruthless and demonstrated his ability at the "home plate" when he slammed in five runs for the visiting O'KUM-INN. Post mortem: Red hair on Stubbs, red face on Coach.

Frank Kramaric is not the author of this "evil" page. Sorry fellas, you've got the wrong man. Keep guessing though, you may find out who this author is.

Rollie Evans, Coach of the C League Tigers, who recently purchased a new knitting machine worth much dinero, is working nights. What are you doing Rollie? Trying to knit yourself a new infield?

Steve Bodnarchuk and Art Mann are becoming Horticulturists deluxe. It is now rumored that they are developing a new plant that will withstand the shock of wildly hit tennis balls.

Larry Shirley says that if they offer him a parole he'll have to refuse it. He has decided that he is going to stay until the female entertainment arrives.

Ed Speiss has had lots of practise making shoes for a certain party. It seems that this fellow was on the list for discharge this month and Ed made him a pair of shoes. The fellow wasn't too fussy about the fit so Ed made him another pair. Whats so unusual about this? The guy's number had been put on the list by mistake—he doesn't leave until next year.

I think it's just about time that those guy's on the Echoes editorial board learned that there is a fellow now working in the C.T.I.'s Office who is exceptionally talented when it comes to making pen and ink drawings. His cartoons have been giving the boys in that office a lot of laughs. How about putting that talent to use in the Echoes so that everyone can enjoy the fun?

Ray Fortier and Dick Moisan passed their first big test on the tennis courts not long ago, but they were sweating from more than just the heat before it was over. I hear the "challengers" are going to practise secretly and will be back for a second match.

Sam Sedan! You're wanted in the carpenter shop immediately.

Frank Lexier, the pussy-cat's best friend, has a whole tribe of kittens living in the yarb shack in number one yard which he keeps supplied with milk. They follow him around during the day as he works on the ball diamond. Some strange "pussy-cats" have been following him lately. Any of the guys who have wandered into the shack in the last few weeks probably got quite a shock if they weren't prepared to meet "Stinkey" and "Skunky," the latest additions to the family. That's right — baby skunks! But deodorized of course.

NEWS



IN

BRIEF

JUSTICE STILL FUNCTIONS (VANCOUVER SUN)

The difference between a police state and one which the rule of law prevails was demonstrated by Mr. Justice H.W. McInnes in Supreme Court.

William Munavish, the first man in Canada to be given an indefinite sentence under the habitual criminal law, was freed by his lordship on a writ of habeas corpus.

Munavish had been released from prison a while back on ticket-of-leave. For some reason still unstated, the police recently picked him up—presumably as a parole violator—and shipped him back to prison.

Mr. Justice McInnes freed Munavish from the police toils on a technicality. But what really matters is his lordship's comment on the refusal of the highest Canadian police authority, the commissioner of the R.C.M.P., to give any reason for his rearrest.

"If we are to pay more than lip service to our concept of liberty of the subject," said the judge, "surely the prisoner should be advised of the specific condition he is alleged to have breached and be given an opportunity to answer the allegations made against him."

In other words, even the man who once was committed to prison for life as a habitual criminal—a dubious law which Canadian legislators should reconsider—has a right to defence in court.

In the totalitarian states a man is always liable to arbitrary arrest and imprisonment. To secret trial and secret execution. This we have been reminded of in recent days in the barbarous fate of Imre Nagy and Pal Maleter.

We want nothing like that in Canada, not even the smell of it, but the courts still function.

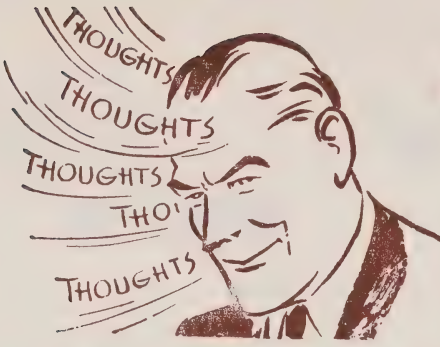
CONFESSION LIFTS SHADOW OF DEATH

For the first time in nearly two years the shadow of the electric chair no longer darkens the life of a slim, mild mannered house painter and father of seven children.

James Fulton Foster, 40, is still in jail but he can now count the days until his release. The door to freedom opened when Charles Paul Rothschild, a 33-year-old former policeman confessed, "because my conscience is bothering me," to the killing of a merchant in Jefferson, Georgia.

Foster was twice sentenced to die in the electric chair for that crime—in September, 1926, and again this June. Both times appeals delayed his execution.

Perhaps this will serve as another example to those advocates of capital punishment who demand an "eye for an eye." Foster escaped the shadow of the electric chair, but how many men have gone to their grave only to have evidence of their innocence appear too late. Without capital punishment, they may have needlessly spent months or years imprisoned, but they would be alive.



COURT OF OPINION

What in your opinion is the most important factor necessary for an effective rehabilitation program? WHY?

CHUCK HEATHMAN: "My opinion is that the most important factor necessary for an effective rehabilitation program is the correct mental attitude on the part of the person to be rehabilitated. Why? Because he has to make up his mind as to what he will do upon his release and he has to be realistic and select something that he is suitable for. He has to learn to stand on his own two feet and not feel that society owes him something for being here. He must also stop feeling sorry for himself and believing that the whole world is against him. If he can overcome that hopeless feeling and give himself a chance, I am sure his community will show an interest in him and be eager to welcome him back. Once he has gained this unique confidence, he has taken a major step towards becoming a credit to society, and to himself, rather than a menace."

K.P. MAC. : "Rehabilitation should start by giving the individual a feeling of confidence in himself by placing him in a work category he himself feels he can make a success of, and not a trade forced on him by the decision of others. The field of trade development should be expanded to cover an overall choice of trades and professions such as Radio, Television, Promotion Advertising, Blueprint Reading, and others. The provincial and federal governments should combine to have sub-contracts of different types set up for the benefit of men in penal institutions whereby they can not only qualify for a substantially paying trade, but gain a financially solvent footing by extra earnings in these trades which will enable them to purchase their needed tools upon release."

GEO. M. : "An effective rehabilitation program must start within the mind of the person for whom the program is intended. A sound method that could be used, for example, would be to start with a build up period of self-discipline in a manner similar to the system used to reorient the outlook of those persons who have lost limbs or eyesight or the use of other physical faculties.

This necessarily entails the premise that the people who have this type of program in mind are also qualified and prepared to carry out their plan to a satisfactory conclusion.

Because of the differences of opinion among the many authorities who would be involved in a program of this nature, the program should be co-ordinated under the control of qualified social workers and psychologists.

The steps following the mental and spiritual build-up should then be a simple matter of learning a physical trade or profession."

EDUCATIONALY

SPEAKING

J.D. Weir, (Teacher - Librarian)

We are more than pleased to have space reserved for us in the ECHOES since this will give us an opportunity to make available to the "inmate body" timely information relative to the developments that may take place from time to time in our Educational Programme.

I think that this is a fitting time to note that 46 extra-mural courses were completed during the school year. We tend to acclaim the athlete for his accomplishments and neglect the achievements of the scholar. The student who quietly proceeds in his efforts to improve his mind is, in my books, also worthy of recognition.

While it is true that all the extra-mural courses were not completed, we feel that the number of men who see them through to a successful conclusion is sufficient to justify our continued enthusiasm regarding extra-mural work generally.

Perhaps the summer vacation period is the most suitable time for all of us to give serious consideration to our individual educational needs. Either Mr. Sweet or myself will be pleased to discuss with you your interests and individual requirements, either in the Vocational or Academic fields. We think that we have something of practical value to offer most fellows.

There is an old Spanish Proverb that seems to me to express most aptly the lasting values of things of the mind — "The pleasures of the senses pass quickly, those of the heart become sorrows; but those of the mind are with us even to the end of the journey."

"There is no way like knowledge out of the cages of life"—H.G. Wells

"Training is everything. The peach was once bitter almond; the cauliflower is nothing but a cabbage with a college education."

"Courage is resistance to fear, mastery of fear—not absence of fear. Except a creature be part coward it is not a compliment to say it is brave; it is merely a loose misapplication of the word. Consider the flea!—incomparably the bravest of all the creatures of God, if ignorance of fear were courage. Whether you are asleep or awake he will attack you, caring nothing for the fact that in bulk and in strength you are to him as are the massed armies of the earth to a suckling child; he lives both day and night and all days and nights in the very lap of peril and the immediate presence of death, and yet is no more afraid than is the man who walks the streets of the city that was threatened by an earthquake ten centuries before. When we speak of Clive, Nelson, and Putman as men who "didn't know what fear was," we ought always to add the flea—and put him at the head of the procession."

"There is no character, howsoever good and fine, but it can be destroyed by ridicule, howsoever poor and witless. Observe the ass, for instance; his character is about perfect, he is the choicest spirit among all the humbler animals, yet see what ridicule has brought him to. Instead of feeling complimented when we are called an ass, we are left in doubt."

"Tell the truth or trump—but get the trick."

RED SOX' SHERMAN

SOCKS ORIOLES 7-3

On July 19, paced by the strong right arm and big bat of hurler, Bill Sherman, the Red Sox broke a second place deadlock with the Orioles, defeating them 7-3 to climb into the second place slot in the B League standings one and one-half games behind the league leading Giants.

The combination of Sherman pitching and Sherman batting proved too much for the Orioles whose loss dropped them into a two-way tie with the Cardinals for the cellar position.

On the mound, the Red Sox hurler held the Orioles to three runs, while at the plate he personally accounted for four of the Sox' seven runs.

With Sherman setting down the Orioles in the first two innings, the Red Sox drew first blood in the second inning. Mike Andrusko singled to center. Sherman advanced him to second with his first hit, a single through the box. A sizzler off the bat of Steve Bodnarchuk proved too hot to handle, bounding away from the shortstop allowing Andrusko to score and sending Sherman to third. Dudois' infield squirter was bobbled and Sherman scored the second run of the inning.

In the third the Red Sox scored three times to forge ahead 5-0. Frank Lexier singled to right. Chittick singled over short, putting two on with none out. Sherman promptly clouted a towering triple off Tony Jaworski, Oriole pitcher, scoring Lexier and Chittick. Sherman scored the third run seconds later on a passed ball.

In the fourth the Sox added a run to make it 6-0. Chittick connected his for third straight single. Andrusko's infield grounder was booted, Chittick going to second with Andrusko safe at first. With Sherman at bat, Chittick and Andrusko pulled a nifty double steal, both runners sliding under tags with fadeaway slides. Another passed ball by the Oriole catcher allowed Chittick to score before Jaworski closed the door on the Sox.

The Oriole scored their first run off Sherman in the fourth although he had a no-hitter going. Lombaert walked, stole second and advanced to third when Oriole coach Bill Ibey's ground ball was fumbled. Another infield error on Bill Towle's ground ball scored Lombaert but Sherman, pitching effective ball, got himself out of trouble by retiring the next three batters in order.

The Red Sox retaliated in their half of the fourth with their final run of the day. Flett opened with a single to right-center, then stole second and scored on Cooling's single.

Sherman's no-hitter shattered in the top of the fifth when Oriole pitcher Jaworski lined a single through the box. Jaworski's batterymate, Crapps, then singled but Sherman regained his earlier magic to get the next three batters on easy outs.

The Orioles picked up their second run in the sixth as speed-merchant Berryman beat out a perfect Craig Hunt. Ladd sacrificed Berryman to second and a bunt single by Bevans moved him to third. He scored seconds later on a fielder's choice. They scored their final run in the seventh when a walk and a sacrifice put Lombaert in position to score on a single by Berryman.

For the winners it was Sherman all the way. Chittick had three for four at the plate.

For the losers, Berryman gets the nod with two for four.

HEAP BIG 16-9 MASSACRE AT MOUNTAIN

On July 19, in a softball slugfest between the top and bottom clubs in Stony Mountain's C League, Joe Meccas' last place Wanderers, pounding out 16 runs off 13 hits, turned the tables on Rollie Evans' League leading Tigers to win their third victory of the current season 16 to 9.

Trailing the Tigers by 17 points in regular season competition and three runs behind going into the third inning of the game, the Wanderers staged a nine run uprising in their half of the third to move within tomahawk distance of Hank the Barber's Sputniks and Cud Fingas' Cloverleafs. The Sputniks with six wins and one tie, hold down second place in league standings with 13 points, while the Cloverleafs are in third place with 12 points, the result of six victories.

The defeat by the Wanderers, the Tigers third, came as an unexpected surprise to manager Evans whose team had piled up a six run lead in the early innings and appeared to be well on the way to their twelfth victory.

In the first inning the Tigers scored three runs off four hits and one error to take a 3-0 lead. Sacharko sparked the action when he tagged "Stormy" Melville for a triple off the Sports Office wall. Singles by Herbie Singh, Pete Zannin and Sinclair an error and a walk gave the Tigers the three run lead.

The Wanderers went down in order in their half of the inning and the Tigers came up with three more runs in their half of the second to increase the lead to six runs.

Sacharko singled and advanced to third on a fielder's error. Singh again singled to drive Sacharko home. Cudny tripled, scoring Singh but was thrown out at home attempting to stretch the hit into a home run. Zannin singled and advanced to second when Rollie Evans' ground ball was booted by the infield. Sinclair was safe on an error, loading the bases. Elk was safe on an error that scored Zannin.

In the bottom of the second the Wanderers scored three runs off three hits and one error, making the score 6-3. O'Grady drew a free pass and advanced to second on a passed ball. Les Young was safe at first on an overthrow which allowed O'Grady to score while Young advanced to third. Lombart bunted safely, scoring Young. Beardy fanned, Lombart going to second on the dropped third strike. Flett singled Lombart home.

In the bottom of the third after the Tigers had gone down in order, the Wanderers exploded with nine runs off five hits to wrap up the ballgame. Degnegard walked to start the inning. LeSage was safe on an error. Melville singled, driving in Degnegard, and when the outfielder booted the ball, LeSage scored and Melville advanced to third. O'Grady flied deep to score Melville. Young and Lombart singled and Beardy walked to load the bases. An overthrow at third let in two more runs and before the inning ended, the Wanderers aided by three more Tiger errors led 12-6.

The Tigers came back to score three runs in the fourth with a single by Evans, a double by Elk and a triple by Strong doing the damage before the Wanderers could end the inning with a double play.

The Wanderers came up with four more runs in their half of the fourth on singles by Young and Melville and doubles by Beardy and Flett.

Singh and Sacharko sparked at the plate for the losers. Lombart, L. Young and Melville sparked the winners.

SPORTS NOTES

On July 1st during the early morning and late afternoon of the scheduled Track and Field meet at Stony Mountain, heavy intermittent rains fell, soaking the field, disrupting time schedules and in general dampening the spirits of everyone and everyone associated with this year's Dominion Day Card.

Despite the inclement weather and poor track conditions the July 1st card with its 27 athletic events, bingo games and refreshments was carried through to a successful completion with the smooth precision of a Swiss watch.

The success of the card under adverse conditions was mainly due to the efforts of the many Mountain inmates who worked throughout the day at various jobs to provide the inmate population with a solid day of entertainment.

Heading the list of inmates who devoted a great deal of their time and effort to the arranging and conducting of the day's activities were Raoul Provost and "Red" McKillop who acted in the capacity of Field Director and Asst. Field Director respectively.

Still other inmates who deserve a vote of thanks for the fair and impartial manner in which they performed their duties were Larry Klan, "Irish" Perreault and Al Broadbent, the three officiating judges at all the track and field events. Time-keeper for the day was William Stubbs, a little man with a lot of heart and hustle who put the same fire and pepper into this job as he does in his many other activities at the Mountain.

The job of quenching the thirst of approximately 450 inmates, each of whom received six ducats exchangeable for drinks at the soft drink stand, was handled with Mountain "Toddsmanship" by showman "Honest" Sam Sedan, John Hines and Ken Allan. Frankfurter attendants, Joe Berg, Pete "Coco Cola" Vauchel, Donny McGregor, Bob Henry and Harold Gusnoski were kept as busy as Saturday butchers in a supermarket by a constant parade of inmates who quickly exhausted their supply of tickets and the energy of the servers.

Bingo barkers, Tony Sawchuck and Jim Mack, were two of the most popular voices of the day. Calling out the prize winning numbers above the good-natured shouts and jests of a good-sized inmate crowd of bingo players, they kept the games going and the crowd happy with their wonderful sense of showmanship.

Stony's three man electrical crew of Wally Manson, Sam Zadorozny and George Mitchell set up the PA system from which broadcaster Perkins and statistician Albertino piped the results and announcements that kept the field day audience in close touch with the happenings of the day.

The field crew of Smokey Evans, Mike Kosciuk, George Maluk and "Monty" Montgomery did an excellent job preparing and decorating the field. At the end of the day the field looked like the streets of New Orleans after Mardi Gras but the field crews quickly had things ship-shape for the next day's ballgame.

— At the home of the Giants, the atmosphere is as dark and gloomy as it is in either Ebbets Field or the Polo Grounds. The scoreboard that stretches down the right field line has been reading like an obituary column, the result of three recent losses by the Giants All Star Team to Williards, Kiewels and O'Kum Inn by scores of 13 - 0, 8 - 2 and 5 - 3.

THANK YOU

*ON BEHALF OF THE INMATES OF STONY MOUNTAIN WE EXTEND
A VOTE OF THANKS TO THOSE GENEROUS DONORS WHO MADE OUR
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